



MGM INSTITUTE OF PHYSIOTHERAPY

N-6, CIDCO, Aurangabad

DOC No.	DC/MGMIOP/ IQAC /MLP /005
Issue No.	1
Rev. No.	0
Date :	01/01/2019

Monthly Lesson Plan

Ref No: Ref No: MGMIOP/CLG COUNCIL/CC/MLP/MSK/ /2023

Date: 01/08/2023

Year: Final Year BPT

Academic Year: 2023-2024

Subject: Musculoskeletal PT

For the month of: August 2023

Date	Day	Topic	Lecture no	Staff	Time	Hrs
2/8/2023	Monday	Tennis elbow	T	Dr.Payal	9-10	1
4/8/2023	Monday	Tennis elbow	P	Dr.Payal	11-12	1
5/8/2023	Monday	Shoulder impingement syndrome	T	Dr.Payal	12-1	1
19/8/2023	Saturday	Supraspinatus tendinitis /rotator cuff tendinitis	T	Dr.Sanket	9-10	1
21/8/2023	Monday	Sub-acromial bursitis	T	Dr.Sanket	9-10	1
22/8/2023	Tuesday	SLAP lesion	T	Dr.Sanket	2-3	1
23/8/2023	Wednesday	Bankart lesion	T	Dr.Sanket	3-4	1
25/8/2023	Friday	Bicipital tendinitis	T	Dr.Sanket	3-4	1
26/8/2023	Saturday	Instability	T	Dr.Sanket	9-10	1
28/8/2023	Monday	Thoracic outlet syndrome	T	Dr.Sanket	9-10	1
28/8/2023	Monday	Orthosis (UL)	T	Dr.Wani	2-3	1
29/8/2023	Tuesday	Scapular dyskinesia	T	Dr.Sanket	2-3	1
29/8/2023	Tuesday	Orthosis (UL)	T	Dr.Wani	3-4	1
30/8/2023	Wednesday	Orthosis (LL& Spine)	T	Dr.Wani	12-1	1
30/8/2023	Wednesday	Dequvarains disease	T	Dr.Sanket	3-4	1



MAHATMA GANDHI MISSION

MGM INSTITUTE OF PHYSIOTHERAPY

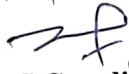
N-6, CIDCO, CHH. SAMBHAJINAGAR


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Date :	01/01/2019

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Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr.Payal	Over use injury	02	01
Dr.Sanket	Upper limb soft tissue Injury	09	00
Dr,Wani	Orthosis	04	00
Total		15	01


Subject Incharge


UG Coordinator


Principal
MGM Institute of Physiotherapy,
Aurangabad



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		Issue No.	1
Monthly lesson plan		Rev. No.	1
		Date	01/07/2023
		Page	Page 1 of 2

Ref No: MGMIOP/CLG COUNCIL/CC/MLP/MSK/ /2023

Batch: 2018-2019, 2019-2020


Year: Final year

Subject: PT in Musculoskeletal Sciences

Date:31-08-2023

For the Month of: September-2023

Date	Day	Topic	Mode	Staff	Time	Hrs
1/9/2023	Friday	Thoracic outlet syndrome	T	Dr.Sanket	3-4	1
2/9/2023	Saturday	Scapular dyskinesia	T	Dr.Sanket	9-10	1
4/9/2023	Monday	Sub- acromial bursitis	T	Dr.Sanket	9-10	1
5/9/2023	Tuesday	Trigger finger	T	Dr.Sanket	2-3	1
6/9/2023	Wednesday	Carpal tunnel syndrome	T	Dr.Sanket	3-4	1
8/9/2023	Friday	Flexor tendon injuries	T	Dr.Sanket	3-4	1
9/9/2023	Saturday	Extensor tendon injuries	T	Dr.Sanket	9-10	1
11/9/2023	Monday	Upper limb soft tissue Injury	P	Dr.Sanket	9-10	1
12/9/2023	Tuesday	Upper limb soft tissue Injury	P	Dr.Sanket	2-3	1
13/9/2023	Wednesday	Upper limb soft tissue Injury	P	Dr.Sanket	3-4	1
15/9/2023	Friday	Upper limb soft tissue Injury	P	Dr.Sanket	3-4	1
16/9/2023	Saturday	Upper limb soft tissue Injury	P	Dr.Sanket	9-10	1
18/9/2023	Monday	Upper limb soft tissue Injury	P	Dr.Sanket	9-10	1
20/9/2023	Wednesday	Inflammatory conditions	T	Dr.Goutami	3-4	1
22/9/2023	Friday	Inflammatory conditions	T	Dr.Goutami	3-4	1
23/9/2023	Saturday	Inflammatory conditions	T	Dr.Goutami	9-10	1
25/9/2023	Monday	Inflammatory conditions	T	Dr.Goutami	9-10	1
26/9/2023	Tuesday	Inflammatory conditions	T	Dr.Goutami	2-3	1
27/9/2023	Wednesday	Inflammatory conditions	P	Dr.Goutami	3-4	1
29/9/2023	Friday	Inflammatory conditions	P	Dr.Goutami	3-4	1
30/9/2023	Saturday	Inflammatory conditions	P	Dr.Goutami	9-10	1

 <p>MAHATMA GANDHI MISSION सत्यमेव जयते Truth Alone Triumphs</p>	<p>MGM INSTITUTE OF PHYSIOTHERAPY AURANGABAD</p>	Doc No.	DC/MGMIOP/MLP/IQA C/005
		Issue No.	1
<p>Monthly lesson plan</p>		Rev. No.	1
		Date	01/07/2023
		Page	Page 2 of 2

Ref No- MGMIOP/CLG COUNCIL/CC/MLP/MSK/ /2023

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr.Sanket	Upper Limb Soft Tissue Injury	07	06
Dr.Goutami	Inflammatory Conditions	05	03
Total		12	09

Sanket
Subject Incharge

[Signature]
UG coordinator

V. Prakash
Principal
MGM Institute of Physiotherapy
Aurangabad



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Date:03/10/2023

Year:Final Year BPTTh

Academic Year:2023-2024

Subject:Musculoskeletal PT

For the month of:October 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
3/10/23	Tuesday	Orthosis	P	Dr.Wani	2-3	1
4/10/23	Wednesday	Orthosis	P	Dr.Wani	3-4	1
6/10/23	Friday	Orthosis	P	Dr.Wani	3-4	1
7/10/23	Saturday	Orthosis	P	Dr.Wani	9-10	1
9/10/23	Monday	Orthosis	P	Dr.Wani	9-10	1
10/10/23	Tuesday	Congenital and acquired deformities	T	Dr.Kapil	2-3	1
11/10/23	Wednesday	Congenital and acquired deformities	T	Dr.Kapil	3-4	1
13/10/23	Friday	Congenital and acquired deformities	T	Dr.Kapil	3-4	1
14/10/23	Saturday	Congenital and acquired deformities	T	Dr.Kapil	9-10	1
16/10/23	Monday	Congenital and acquired deformities	T	Dr.Kapil	9-10	1
17/10/23	Tuesday	Congenital and acquired deformities	T	Dr.Kapil	2-3	1
18/10/23	Wednesday	Congenital and acquired deformities	P	Dr.Kapil	3-4	1
20/10/23	Friday	Congenital and acquired deformities	P	Dr.Kapil	3-4	1
21/10/23	Saturday	Congenital and acquired	P	Dr.Kapil	9-10	1

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Monthly Lesson Plan

		deformities				
23/10/23	Monday	Congenital and acquired deformities	P	Dr.Kapil	9-10	1
23/10/23	Wednesday	Upper limb soft tissue injuries	P	Dr.Sanket	3-4	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr.Wani	Orthosis	05	00
Dr.Kapil	Congenital and acquired deformities	07	03
Dr.Sanket	Upper limb soft tissue injuries	00	01
Total		12	04

Sanket
Subject Incharge

[Signature]
UG Coordinator

[Signature]
Principal
Principal
MGM Institute of Physiotherapy
Chhatrapati Sambhajinagar





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Monthly Lesson Plan

Ref No: Ref No: MGMIOP/CLG COUNCIL/CC/MLP/MSKPT/ /2023

Date: 12/12/2023

Year: Final Year BPTH

Academic Year: 2023-2024

Subject: Musculoskeletal PT

For the month of: December 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
13/12/23	Wednesday	Metabolic and hormonal disorder	T	Dr.Mrugnayani	3-4	1
15/12/23	Friday	Metabolic and hormonal disorder	T	Dr.Mrugnayani	3-4	1
16/12/23	Saturday	Upper limb fracture	T	Dr.Sanket	9-10	1
18/12/23	Monday	Upper limb fracture	T	Dr.Sanket	9-10	1
19/12/23	Tuesday	Upper limb fracture	T	Dr.Sanket	2-3	1
20/12/23	Wednesday	Upper limb fracture	T	Dr.Sanket	3-4	1
22/12/23	Friday	Upper limb fracture	T	Dr.Sanket	3-4	1
23/12/23	Saturday	Upper limb fracture	T	Dr.Sanket	9-10	1
26/12/23	Tuesday	Upper limb fracture	p	Dr.Sanket	2-3	1
27/12/23	Wednesday	Upper limb fracture	p	Dr.Sanket	3-4	1
29/12/23	Friday	Upper limb fracture	P	Dr.Sanket	3-4	1
30/12/23	Saturday	Upper limb fracture	P	Dr.Sanket	9-10	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr.Mrugnayani	Metabolic and hormonal disorder	02	00
Dr.Sanket	Upper limb fracture	06	04
Total		08	04

Sanket
Subject Incharge

[Signature]
UG Coordinator

[Signature]
Principal

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Date: 1/1/2024

Year: Final Year BPT

Academic Year: 2023-2024

Subject: Musculoskeletal PT

For the month of: January 2024

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
01/01/24	Monday	Peripheral Nerve Injury	T	Dr.Kapil	9-10	1
02/01/24	Tuesday	Peripheral Nerve Injury	T	Dr.Kapil	2-3	1
03/01/24	Wednesday	Peripheral Nerve Injury	T	Dr.Kapil	3-4	1
05/01/24	Friday	Peripheral Nerve Injury	P	Dr.Kapil	3-4	1
06/01/24	Saturday	Peripheral Nerve Injury	P	Dr.Kapil	9-10	1
08/01/24	Monday	Peripheral Nerve Injury	P	Dr.Kapil	9-10	1
09/01/24	Tuesday	Peripheral Nerve Injury	P	Dr.Kapil	2-3	1
10/01/24	Wednesday	Peripheral Nerve Injury	P	Dr.Kapil	3-4	1
12/01/24	Friday	Infectious diseases of Bone & Spine	T	Dr.Kapil	3-4	1
13/01/24	Saturday	Infectious diseases of Bone & Spine	T	Dr.Kapil	9-10	1
15/01/24	Monday	Use of ICF model in Physiotherapy management of health conditions of musculoskeletal system	T	Dr.Payal	9-10	1
16/01/24	Tuesday	Outcome measures and evidenced based practice	T	Dr. Payal	2-3	1
17/01/24	Wednesday	Outcome measures and evidenced based practice	T	Dr. Payal	3-4	1
19/01/24	Friday	Biomechanical /physiological basis of physiotherapy intervention skills	T	Dr.Kapil	3-4	1
20/01/24	Saturday	Biomechanical /physiological basis of physiotherapy intervention skills	T	Dr.Kapil	9-10	1
22/01/24	Monday	Biomechanical /physiological basis of physiotherapy intervention skills	T	Dr.Kapil	9-10	1
23/01/24	Tuesday	Biomechanical /physiological basis of physiotherapy intervention skills	T	Dr.Kapil	2-3	1
24/01/24	Wednesday	Biomechanical /physiological basis of physiotherapy intervention skills	p	Dr.Kapil	3-4	1
27/01/24	Saturday	Biomechanical /physiological basis of physiotherapy intervention skills	p	Dr.Kapil	9-10	1
29/01/24	Monday	Biomechanical /physiological basis of physiotherapy intervention skills	p	Dr.Kapil	9-10	1
30/01/24	Tuesday	Biomechanical /physiological basis of physiotherapy intervention skills	P	Dr.Kapil	2-3	1
31/01/24	Wednesday	Biomechanical /physiological basis of physiotherapy intervention skills	P	Dr.Kapil	3-4	1

